



DMA NEWS BULLETIN

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DELHI MEDICAL ASSOCIATION

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OFFICIAL ORGAN OF DELHI STATE BRANCH INDIAN MEDICAL ASSOCIATION

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Allergy Testing

- In Vitro Specific IgE Estimation for detection of Allergies

Allergy causes an immune system reaction that affects numerous organs in the body. Allergic reaction can be caused by **Inhalation** (through Air) or **Food Allergens**. Symptoms of allergic reactions usually occur quickly and in some cases can be severe or life-threatening.

Pediatric Allergy



Common Presentation: Conjunctivitis, rhinitis, itching or gastro-intestinal problems as stated in Food & Inhalation panel.

Allergens Tested:

- | | |
|----------------------|-----------------------|
| 1. Grass mix2 | 15. Codfish |
| 2. Birch | 16. α-Lactalbumin |
| 3. Mugwort | 17. β-Lactoglobulin |
| 4. Dermat. pterous | 18. Casein |
| 5. Dermat. farinae | 19. Bovine s. albumin |
| 6. Cat | 20. Wheat flour |
| 7. Dog | 21. Rice |
| 8. Horse | 22. Soyabean |
| 9. Cladosporium her. | 23. Peanut |
| 10. Aspergillus fum. | 24. Hazelnut |
| 11. Alternaria alt. | 25. Carrot |
| 12. Egg white | 26. Potato |
| 13. Egg yolk | 27. Apple |
| 14. Milk | |

Specific IgE - Pediatric Report

| Automatic evaluation of test strips using the EUROlineScan software | | | | | | | | | |
|---|---------------|-------|---|---|---|---|---|---|---|
| Allergen | Concentration | Class | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Grass mix 2 | <0.35kU/L | 0 | | | | | | | |
| Birch | <0.35kU/L | 0 | | | | | | | |
| Mugwort | <0.35kU/L | 0 | | | | | | | |
| Dermatopterous | 2.7kU/L | 2 | | | | | | | |
| Dermatofarinae | 1.8kU/L | 2 | | | | | | | |
| Cat | <0.35kU/L | 0 | | | | | | | |
| Dog | <0.35kU/L | 0 | | | | | | | |
| Horse | <0.35kU/L | 0 | | | | | | | |
| Cladosporium herbarum | <0.35kU/L | 0 | | | | | | | |
| Aspergillus fumigatus | <0.35kU/L | 0 | | | | | | | |
| Alternaria alternata | <0.35kU/L | 0 | | | | | | | |
| Egg white | <0.35kU/L | 0 | | | | | | | |
| Egg yolk | <0.35kU/L | 0 | | | | | | | |
| Cow's milk | <0.35kU/L | 0 | | | | | | | |
| Codfish | <0.35kU/L | 0 | | | | | | | |
| Milk albumin | <0.35kU/L | 0 | | | | | | | |
| Casein | <0.35kU/L | 0 | | | | | | | |
| Wheat flour | <0.35kU/L | 0 | | | | | | | |
| Rice | <0.35kU/L | 0 | | | | | | | |
| Soyabean | <0.35kU/L | 0 | | | | | | | |
| Peanut | <0.35kU/L | 0 | | | | | | | |
| Hazelnut | <0.35kU/L | 0 | | | | | | | |
| Carrot | <0.35kU/L | 0 | | | | | | | |
| Potato | <0.35kU/L | 0 | | | | | | | |
| Apple | <0.35kU/L | 0 | | | | | | | |
| Onion | <0.35kU/L | 0 | | | | | | | |
| Chickpea | <0.35kU/L | 0 | | | | | | | |
| Mushroom | <0.35kU/L | 0 | | | | | | | |
| Cucumber | <0.35kU/L | 0 | | | | | | | |
| Eggplant | <0.35kU/L | 0 | | | | | | | |
| Arhar Dal | <0.35kU/L | 0 | | | | | | | |
| Mung | <0.35kU/L | 0 | | | | | | | |
| Yam | <0.35kU/L | 0 | | | | | | | |
| Beef | <0.35kU/L | 0 | | | | | | | |
| Chicken | <0.35kU/L | 0 | | | | | | | |
| Lamb | <0.35kU/L | 0 | | | | | | | |
| Mustard | <0.35kU/L | 0 | | | | | | | |
| Coffee | <0.35kU/L | 0 | | | | | | | |
| Chocolate | <0.35kU/L | 0 | | | | | | | |
| Ginger | <0.35kU/L | 0 | | | | | | | |
| Spice mix | <0.35kU/L | 0 | | | | | | | |
| Codfish | <0.35kU/L | 0 | | | | | | | |
| Crab | <0.35kU/L | 0 | | | | | | | |
| Prawn | <0.35kU/L | 0 | | | | | | | |
| Rohu | <0.35kU/L | 0 | | | | | | | |
| Garlic | <0.35kU/L | 0 | | | | | | | |

Food Allergy



Common Presentation: Burning & Itching in Lips, Tongue & Throat, Diarrhoea, Vomiting, Pain in Abdomen, Erythema or Urticaria.

Allergens Tested:

- | | |
|----------------|---------------|
| 1. Egg white | 21. Onion |
| 2. Egg yolk | 22. Chickpea |
| 3. Cow's milk | 23. Mushroom |
| 4. Milk powder | 24. Cucumber |
| 5. Yogurt | 25. Eggplant |
| 6. Wheat flour | 26. Arhar Dal |
| 7. Gluten | 27. Mung |
| 8. Oat flour | 28. Yam |
| 9. Rice | 29. Beef |
| 10. Soyabean | 30. Chicken |
| 11. Peanut | 31. Lamb |
| 12. Orange | 32. Mustard |
| 13. Coconut | 33. Coffee |
| 14. Apple | 34. Chocolate |
| 15. Grape | 35. Ginger |
| 16. Pea | 36. Spice mix |
| 17. Tomato | 37. Codfish |
| 18. Potato | 38. Crab |
| 19. Spinach | 39. Prawn |
| 20. Garlic | 40. Rohu |

Allergy Prevention Suggestions

- Avoid dust
- Wear Mask if necessary
- Prefer Mopping with damp cloth or Vacuum Cleaning
- Reduce curtains & carpets to minimum
- Avoid Perfumes & Insecticides
- Keep Pets away from Living area
- Keep Bathroom dry & Mold-free
- Expose woollens, mattresses, pillows & blankets etc to sunlight
- Use Air Purifier, if necessary

Inhalation Allergy



Common Presentation: Red watery Eyes, Sneezing, congestion, Runny Nose, Sore Throat, Cough, &/or Buzzing sounds.

Allergens Tested:

- | | |
|---------------------|----------------------|
| 1. Timothy grass | 11. Cat |
| 2. Cultivated rye | 12. Dog |
| 3. Corn | 13. Pigeon feathers |
| 4. Eucalyptus | 14. Chicken feathers |
| 5. False ragweed | 15. Aspergillus spp |
| 6. Carnation flower | 16. Trichophyton spp |
| 7. Sunflower | 17. Cotton |
| 8. Mite mix 1 | 18. Straw dust |
| 9. Der. farinae | 19. Jute |
| 10. Cockroach | 20. Sheep wool |

Specific IgE - Inhalation Report

| Automatic evaluation of test strips using the EUROlineScan software | | | | | | | | | |
|---|---------------|-------|---|---|---|---|---|---|---|
| Allergen | Concentration | Class | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Timothy grass | <0.35kU/L | 0 | | | | | | | |
| Cultivated rye | <0.35kU/L | 0 | | | | | | | |
| Corn | <0.35kU/L | 0 | | | | | | | |
| Eucalyptus | <0.35kU/L | 0 | | | | | | | |
| False ragweed | <0.35kU/L | 0 | | | | | | | |
| Carnation flower | <0.35kU/L | 0 | | | | | | | |
| Sunflower | <0.35kU/L | 0 | | | | | | | |
| Mite mix 1 | 15.0kU/L | 5 | | | | | | | |
| Dermatophyton farinae | 7kU/L | 3 | | | | | | | |
| Cat | 0.8kU/L | 1 | | | | | | | |
| Dog | <0.35kU/L | 0 | | | | | | | |
| Cat | 12.0kU/L | 5 | | | | | | | |
| Pigeon feathers | 1.0kU/L | 1 | | | | | | | |
| Chicken feathers | 0.5kU/L | 1 | | | | | | | |
| Aspergillus fumigatus | <0.35kU/L | 0 | | | | | | | |
| Trichophyton mentagrophytes | <0.35kU/L | 0 | | | | | | | |
| Cotton | <0.35kU/L | 0 | | | | | | | |
| Straw dust | <0.35kU/L | 0 | | | | | | | |
| Jute | <0.35kU/L | 0 | | | | | | | |
| Sheep wool | <0.35kU/L | 0 | | | | | | | |
| Timothy grass | 10.0kU/L | 4 | | | | | | | |
| Cat | <0.35kU/L | 0 | | | | | | | |





PRESIDENT'S PEN...

Medical Profession- Noble vs commercial

As a medical practitioner we are confused with regards to status. Am I a trader / shopkeeper who sells medicine or simply a commercial service provider. If so then why in the name of Professional nobility I am being stuffed down/humiliated at every step. Reuse of disposables after proper sterilization is considered criminal even if it is scientifically correct. They label the doctor as crook if he charges for the disposables as new disposables are used and of course cost will be increased.

Why making of profit by Industries is admired and by doctors is frowned upon. Why investments are made in Fortis /Max stocks since it is a profitable investment but doctors of these institutions are considered villains.

We demand from the government to take the nobility of our profession and bestow it to advocates. Ask them to display their fixed charges outside their chambers and maintain the best standards possible. At any Govt hospital when a long date is given for a particular procedure there is lot of hue and cry in the media but what about the pending cases in various courts where many innocent persons locked in jails are waiting for the justice.

We will be happy to be labelled as trader but give us the rights of trader.

We belong to a country of great persons, when it suits us our doctors are like Gods so they can not go on strike. Simultaneously the same doctors are traders who provides service for money and sometimes even free but can still be dragged to courts to pay compensation in crores. Best part is that we can assault (abuse,slap,kick,stab) our doctors. We as doctors are ready to forfeit the designation of "God like"but at least treat us as normal citizens.

Doctors are being criticised practically by everyone for high cost of treatment but just go through the breakup of the bill one can understand how much a doctor is getting out of lakhs of rupees a patient pays to the hospital.

Govt is hell bent on closing small doctor run nursing homes which are owned and managed by doctors in favour of corporate hospitals taking the plea of quality and accordingly various acts and laws are being enacted at the behest of these business houses like Clinical establishment act. Society needs Government hospitals, corporate hospitals as well as nursing homes and small hospitals and clinics and let the patients choose which category of establishment they wish to take treatment from. Govt can give them grading according to facilities and other parameters but don't force them into extinction using draconian laws.

Noble profession ??

Consumer protection act 1986 was brought in to protect the interests of consumers and overnight doctors were equated with petty traders. Then came the case IMA vs VP Shanta in 1995 where it was firmly established that doctors even if they provided free service remained service providers and could be sued for providing allegedly negligent services. Money came at the centre stage for treatment procedures and it left the glory of profession in tatters. The noble art of healing was overnight turned into commercial venture. Then came the corporate culture into health care and private medical education mainly governed by politicians to invest their unaccounted wealth into these private medical colleges. Meanwhile the myth that doctors earn in crores and treating negligently in any case of unexpected result/death was propagated vehemently because it raised TRPs of channels. Any adverse outcome in a private hospital became an opportunity to electronic and visual media to make profits. Government was not at all willing to increase budgetary allocation on health so healthcare remained neglected. Despite poor Govt support India's doctor stepped up to challenge and created small and medium healthcare establishments which provided seventy percent of healthcare needs of the country. In between Govt keep on drafting/passing various legislations to further harass the doctors like Clinical establishment act, Bridge course for Ayush Practitioners, Bridge course of dental practitioners, EXIT test, NEXT test etc. Professional autonomy is being subjected to bureaucratic control and quality of medical education and training is bound to suffer.

Dr. Girish Tyagi
President

Hony. Associate Editor's Pen...

Dear all,

The renewed central government is in place with tremendous faith reposed by a large part of country in one mega man named "Narendra Damodar Das Modi". The superman of Indian politics in this era has not only outsmarted the entire group of political opponents but also have dwarfed his own party and pool of ideology.

Such a huge mandate for a single man by the hopeful Indians puts an extra pressure on him and his commitment to deliver.

Unfortunately the entire tenure of almost same dispensation in preceding five years had hardly been of any good hopes or deserving pleasure to medical fraternity.

Though the entire community is delighted on formation of popular and stable government but still views its commitment and clarity on issues related to health of nation and health of all the professionals entrusted with responsibility of keeping the nation healthy, with scepticism.

Unfortunately, none of our core issues have been addressed satisfactorily by

previous "similar" regime and nothing seems to have changed, except our hopes have been rejuvenated once again.

"Hopes" are the only recipes for pragmatic life, so let us all once again hope against hopes that present government shall have health and health providers issues on the serious priority they deserve.

Our long persistent problems are to be unfortunately addressed by different ministries. So our first demand should be that the health ministry should be a nodal point to debate, deliberate and deal with all



related ministries to devise a sustainable and just solution to the perplexed problems.

Needless to reiterate here the last government was thoroughly confused on all above, for example, health ministry played with MCI/NMC/BOG game several times and even used the rare weapons of presidential ordinance more than once on such trivial issue at every drop of hat. They ended up in only making the things complex and mockery of themselves and all the constitutional provisions for governance.

Similarly, the environment ministry looked to be in totally autonomous mode as far as "bio medical waste policy" is concerned. Their technical advisor says so many things in seminars, repeats them in our personal and delegation level talks, but finds helpless and over shadowed by tardy and callous bureaucratic process. The "effective ministerial intervention" remained our dream all through (except facilitating appointments, gate passes and respectful cup of tea). Minor cosmetic changes in environment protection act did not deter the state pollution control boards for creating so many economical and procedural hurdles for single doctors clinics enriching themselves with crores of rupees.

Leaving the issues of CPA amendments (ministry of consumer affairs) drug policy (ministry of chemicals and fertilisers) PC PNDDT (ministry of social and women affairs)...in next issues because of space concerns.

Live with hopes and act with unity

Feed back at drkamalparwal@gmail.com or whatsapp 9811112714.

Dr. Kamal Parwal

Hony. Associate Editor

स्वतंत्रता दिवस

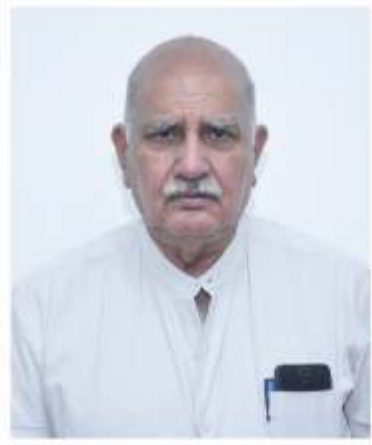
मैं स्वतंत्र कहाँ?
घर गृहस्थी की मर्यादा में
व्यवसायिक बंधनों में
सामाजिक विवशताओं में
रिश्तों की सीमाओं में
मैं परतंत्र हूँ - स्वतंत्र कहाँ?!!

जीवन यापन की चिंताएँ
बच्चों के भविष्य की अनिश्चितताएँ
प्रदूषित 'मन' और वातावरण
बढ़ती इच्छाएँ और सीमित साधन
मैं परतंत्र हूँ - स्वतंत्र कहाँ?!!

आतंक के बाजार में
भ्रष्टाचार के अंबार में
टेक्नोलॉजी की बाढ़ में
स्ट्रेस और मानसिक विकार में
मैं परतंत्र हूँ - स्वतंत्र कहाँ?!!

“मैं” “स्व” । की वजह से परतंत्र हूँ
“मोह” का परदा हटाऊँ - तो स्वतंत्र हूँ!!
स्वतंत्रता मन की दशा है
आत्मा सदा सर्वदा - स्वतंत्र, आनंद है!!!

-डॉ. विपिन जैन



HONY. STATE SECRETARY'S PEN...

Dear Sir,

Incidence of suicide among medical professionals(students as well as doctors) is showing an alarming upward trend. What is worrying is the rather high and increasing rate of attrition among the young professionals- the most productive and promising segment on which depends the economy, the future, and all the hopes of the nation

These incidence increased day by day. In the recent incidence of Ms. Sakshi Gupta first-year student of SMS Medical College Jaipur and Dr. Payal Tadvil of Nair Hospital Mumbai committed suicide due to the pressure of work, harassment and torture of seniors.

Doctors have the highest rate of suicide among all the professions. In the US every year, between 300 and 400 physicians take their own lives. And, in sharp contrast to the general population, where male suicides outnumber female suicides four to one, the suicides rate among male and female doctors is the same.

Suicide is usually the result of untreated or inadequately treated depression, coupled with knowledge of and access to lethal means. In medical profession, an estimated 12 per cent of males and 18 per cent of females suffer from depression.

Unfortunately, physicians who diagnose the ailments of mankind, frequently fail to recognize their own depression and that of their colleagues. Even when they do recognize that they are depressed, many physicians are reluctant to get effective treatment for their problems because of stigma attached to mental disorders and fear of loss of reputation and business, should the word get around. They tend to resort to self-medication with alcohol or prescription drugs, increasing their risk of drug addiction and depression resulting sometimes tragically into suicide. The most common psychiatric diagnoses among physicians with successful suicides are alleged to be affective disorders (e.g., depression and bipolar disease), alcoholism, and substance abuse.

Suicide among Medical Residents

Medical students and residents are even more vulnerable as 15-30 per cent of them are screened positive for depressive symptoms. Another study has reported that no fewer than one in five trainees suffered from clinically significant levels of depression, and 1 in 16 reported suicidal ideation (thoughts about or an unusual preoccupation with suicide). In episodes of depression, the trainees, having both the knowledge and access to dangerous drugs, may get driven to use them and commit suicide in their weak moments.

Medical training can be very stressful. Many students having been toppers in their school, get a shock finding themselves in the middle or even at the bottom of the class in the medical college. Many of them do not have the requisite intelligence, competence or the aptitude to meet the tough demands of medical studies. Long study hours, inadequate sleep and standing for hours learning the clinical skills may lead to social isolation, mental fatigue and depression. Almost half of the medical students have symptoms of "burnout". An estimated 15 to 30 per cent of medical students and residents suffer from depression. Even more frightening, 11 per cent of medical students have reported suicidal ideation within the past year.

The association notes that long working hours, taxing medical training, violence against doctors, stress of saving lives, seeing trauma at such close quarters and constantly, are all points of stress.

Friends, Delhi Medical Association is going to celebrate its 105th Foundation Day on 14th August 2019 at DMA House. It's a matter of great honour and pride that we are the members of 100 years old prestigious association. DMA was founded in 1914, the first association of qualified medical doctors in the country and came into being much before even the inception of Indian Medical Association.

We request all the members to join us with the foundation day celebrations.

Dr. Arvind Chopra

Hony. State Secretary



Delhi Medical Association
Celebrates

105th
FOUNDATION DAY

on
Wednesday, 14th August, 2019

at
DMA Auditorium, Daryaganj
New Delhi

PROGRAMME

Flag Hoisting Ceremony

By State President
Dr. Girish Tyagi

1.00pm - 2.00pm Lunch

2.00pm - Flag Hoisting

Dr. Arvind Chopra
Hony. State Secretary
9910515062

Dr. Ashok Aggarwal
Hony. Finance Secretary
9810048230

Dr. Naresh Chawla
Chairman, Foundation Day
9811035060



DMA FOUNDATION CELEBRATION

2 0 1 9

Delhi Medical Association

Celebrates

105th FOUNDATION DAY & AWARD CEREMONY

on

Sunday, 11th August, 2019

at

DMA Auditorium, Daryaganj, New Delhi

PROGRAMME

| | |
|---|-----------------|
| Inter Medical College Debate Competition | : 4.00pm |
| Topic : Assault on Doctors-Impact on Medical Profession. | |
| Scientific Session | : 5.00pm |
| Inauguration and Award Ceremony | : 7.00pm |
| Dinner | : 8.30pm |

Dr. Girish Tyagi
President
9868116491

Dr. Arvind Chopra
Hony. State Secretary
9910515062

Dr. Ashok Aggarwal
Hony. Finance Secretary
9810048230

Dr. Naresh Chawla
Chairman, Foundation Day
9811035060



DELHI MEDICAL ASSOCIATION

Dr. K.K. SHARMA MEMORIAL ESSAY COMPETITION

“AWARD”

Topic : “National Medical Commission – Is it better than MCI”

The last day for receiving the entries 6th August, 2019

All Members of DMA can Participate

RULES & REGULATION

1. Dr. K.K. Sharma Memorial Essay Competition Award was instituted by the Delhi Medical Association from the year 1981 to be awarded every year at the time of “DMA Foundation Day”.
2. An essay competition is open to Medical Students and Doctors of Delhi. The essay will run between-750 to 1000 words. The topic of the Essay is selected by the State Executive Committee of Delhi Medical Association.

This year the topic **“National Medical Commission – Is it better than MCI”**

The Entry (Essay should be in double space typed on one side of the sheets in triplicate and should be forwarded to Hony. State Secretary, Delhi Medical Association, Medical Association Road, Daryaganj, New Delhi-110002 in sealed cover (This year last dated for submission of the entry is 6th August, 2019).

3. The Judges for the Award will be appointed by the State Executive Committee of DMA and their decision will be final.
4. The award will constitute the three prizes of be given to the three best entries.

All are cordially invited

Dr. Girish Tyagi

President
9868116491

Dr. Arvind Chopra

Hony. State Secretary
9910515062

Dr. Ashok Aggarwal

Hony. Finance Secretary
9810048230

Dr. Naresh Chawla

Chairman, Foundation Day
9811035060

DR. G.D. DHALLA MEMORIAL AWARD

RULES & REGULATION

The oration is being instituted by Smt. Shanta Dhalla, W/o Late Dr. G.D. Dhalla, Past President, DMA. The award shall be awarded to an eminent member of DMA who has contributed the most in taking up the cause of medical fraternity excelled in political field/medical field/social field/other fields.

1. Fund collected should yield an income adequate for the award. The corpus amount will be Rs. 50,000/- in any case.
2. Funds shall be invested in a scheduled bank decided by the Executive Committee of the Delhi Medical Association in the long term fixed deposit.
3. The award will be given out from the proceeds of yearly interest received from Fixed Deposit, in cash or in the form with citation, periodically at the time of DMA Foundation Day of Delhi Medical Association to a person selected for it by the Selection Committee appointed by the Executive Committee for the purpose.
4. The Selection Committee referred to above, shall be appointed by the Executive Committee.
5. The memorial award shall bear the name of the Dr. G.D. Dhalla Past President, DMA in whose memory the endowment has been made.

Dr. Girish Tyagi

President
9868116491

Dr. Arvind Chopra

Hony. State Secretary
9910515062

Dr. Ashok Aggarwal

Hony. Finance Secretary
9810048230

IMA-WESTTOWN BRANCH

Acharya Bhikshu Hospital organised a health awareness program



New Delhi : IMA Westtown and Acharyashree Bhikshu Govt Hospital, Moti Nagar, New Delhi organised a health awareness program on menstrual hygiene under the aegis of Mission

The occasion was graced by Dr. Ramesh Datta, IMA Fin. Secy., Dr. Anand Khatripati, National coordinator Environment Protection program IMA, Dr. Rita Ranjan, MS, ABG Hospital, Dr. Anita Kajoria, Member, Mission Pink, IMA Westtown, Dr. Moonish Agarwal, President, IMA Westtown, Dr. Sandeep Datta, Joint Secy, IMA Westtown and many faculty from ABG Hospital. This awareness program was attended by lots of females who were apprised of the menstrual hygiene issues and were counselled for the same. The Team of Doctors Talked About menstrual hygiene and healthy Lifestyle and giving them motivational lectures about their diet, disease, health and lifestyle. Sanitary pads to the target female population were also distributed on this occasion by the NGO Shikshalya. We have made a road map to train few of these attendees in the hospital who can in turn counsel others in the society.

IMA Westtown Mission Pink Health team under the chairmanship of Dr. Sushma Sinha, HOD, Deptt of Obst & Gynae, ABGH and Acharyashree Bhikshu Govt Hospital, Moti Nagar organised an awareness programme about menstrual hygiene and adolescent health. Event also saw distribution of sanitary napkins to the target population.

Dr. Manoj Gami, Hony Secretary, IMA Westtown, 9718393946



IMA-DNZ BRANCH

IMA DNZ actively participated in agitation against assault on doctors at Kolkata with total OPD bandh on 14 & 17 July.

- Also staged dharna on 20 June against assault on doctors at Maharshi Valmiki Hospital, Phoot Kurd, North Delhi.
- Organised CME on 19 June with Dr. Naresh Chawla as speaker, on 01 June on the eve of doctors day with Dr. Anil Gomber & Dr. Manoj Khanal as speaker well attended by more than 70 doctors.
- Highly successful doctors day celebration was organised on 06 July with Sh. Satyendra Jain, Minister of Health Delhi Govt as chief guest & Dr. Arun Gupta along with Dr. Girish Tyagi as guest of honour. For the first time in history of DNZ, 21 woman achiever award was given. The function was attended by more than 150 doctors. Dr. Naresh Chawla, Chairman & his team of Dr. Meenakshi, Anupama, Anju alongside Dr. Madhu & Vandana did a commendable job.
- Lot of activities with special focus on lady members is being planned.





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For Medicos and Para-medicos (Ambulance Drivers)
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From 2.00pm -5.00pm

Master Trainers:

Dr. Rajeev Uppal, Dr. Ajay Bahi, Dr. Nikhil Dhingra

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Dr. Prem Aggarwal
President, IMA CDB

Dr. Ashwini Dalmiya
Secretary, IMA CDB

DOCTORS COMMITTED AND REDEDICATED THEMSELVES FOR BETTER HEALTH CARE ON DOCTORS DAY.

FOR THE DEFICIENCY IN MEDICAL SERVICES OR HIGH-COST DONT BLAME DOCTORS, DOCTORS ARE ONLY A SKILLED LABOURER EMPLOYED BY THE GOVERNMENT OR THE SERVICE PROVIDERSDr. Prem Aggarwal

IMA Central Delhi organized its Doctors Day Celebrations on 10th July 2019 at 72 Ansari Road, Daryaganj, New Delhi.

Dr. Ashok Rana, Director Health Services was the Chief Guest along with Dr. Girish Tyagi President DMA presided over the function. More than 200 doctors attended the function to rededicate themselves for the services of their patients. Dr. Prem Aggarwal President IMA CDB, Dr. I.P. Dhalla Dr. Arvind Chopra and Dr. Rajinder Sharma were decorated as a veteran leaders award. Dr. Ashok Rana on this occasion re-iterated that he will continue to support the cause of medical doctors throughout his life and as administrator, he will strive for better healthcare with the help the total medical community of Delhi. Dr. Girish Tyagi President DMA and Dr. G.S. Grewal, Dr. K.K. Kohli, Dr. H.S. Kukreja, Dr. H.R. Satija, Dr. Rakesh Gupta, Dr. Naresh Chawla, Dr. G.P. Cally, Dr. Prakash Lalchandani, Dr. Sandeep Sharma, Dr. A.K. Israni, Dr. Rajeev Aggarwal, Dr. Dori Lal and many others the prominent leaders of the profession were present and participated in the deliberations. Glimpses of the event are as follows.



IMA EAST DELHI

IMAEDB organized **Yoga Camp** on the occasion of International Yoga Day on 21st June 2019 at IMAEDB Bhawan. Yoga instructors from Patanjali & Aayush Mantralaya taught Yoga. Attended by more than 35 doctors and appreciated by all.



RTM on Enteric Fever on 28th June 2019 at IMAEDB Bhawan, Speaker was Dr. Shama Batra. Attended by more than 22 doctors.



CME & Panel Discussion on **Knee Pain Management Family Physician Approach/perspective** on 22nd June 2019 at IMAEDB BHawan. Speaker was Dr. L. Tomar Director & Head of Deptt. Of Orthopedics, Max Hospital, PPG & Panelist was Dr. Gaurav Govil & Dr. Ankur Sharma, Consultants Deptt. of Orthopedics, Max Hospital, PPG. Attended by more than 60 doctors. It was very informative for general physicians.



IMAEDB organized **Blood Donation Camps** on the occasion of Doctors Day on 30th June 2019 at Various Nursing Home & Hospitals of East Delhi.

1. Pushpanjali Medical Centre, Dr. Vinay Agagrwal
2. East Delhi Medical Centre, Dr. Ajay BEdi
3. Holy Child Nursing Home Dr. Kumar Gandhi
4. Makkal Hospital, Dr. Ashish Makkar
5. Virmani Hospital, Dr. Harish Virmani

Total 283 units of Blood collected.



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SAMPLE

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Delhi Medical Association is going to issue photo ID Cards to the Members of Delhi Medical Association. You are requested to kindly fill the Directory proforma & send it back .

DMA is also printing new Car Stickers for its members.

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Tel. No. 23271726, 23285727

DELHI MEDICAL ASSOCIATION

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- Matter should be either in PDF format or Curve CDR Format.
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Dr. Grish Tyagi
President, DMA
M: 9868116491

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Dr. Arvind Chopra
Hony. State Secretary, DMA
M: 9910515062

FIRST DMA PHOTO DIRECTORY PROFORMA 2019



Dear Members,

We are pleased to inform you that Delhi Medical Association is going to publish its First DMA Photo Directory 2019 along with DMA Photo ID Card for the members of Delhi Medical Association. You are requested to fill the Proforma (Both for Directory and DMA ID) and send it to DMA office along with your latest photograph. The nominal charge for the Photo ID card is Rs. 140/- . **Send cash/cheque in favour of "DELHI MEDICAL ASSOCIATION".**



(Surname)

(First Name)

(Middle Name)

Name

LM/CLM Branch No.

IMA No. DMC No.

Date of Birth Marriage Anniversary

Blood Group

Educational Qualification

Name of College(MBBS)

University

Speciality

Year of Joining (MBBS)

Residential Address

.....

Clinic Address

.....

Mobile 1. 2.

Landline Res..... Clinic.....

E Mail

Spouse (Dr./Mr./Ms) Spouse DMA No.

Dr. Girish Tyagi
President
M: 9868116491

Dr. Arvind Chopra
Hony. State Secretary
M: 9910515062

Dr. Ashwini Dalmiya
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SMASHING RECORDS BY DAMSONIANS IN 2018-19

NEET PG TOPPERS JAN 2019

| | | | | | |
|---------------------------------------|--------------------------------|---------------------------------|---------------------------------------|-----------------------------|-------------------------------------|
| Dr. Aishwarya S. Durgad 4 Rank | Dr. Rajath R. G. 5 Rank | Dr. Sree Vandana 10 Rank | Dr. Suyash Niranjan A. 11 Rank | Dr. Anuj Ban 12 Rank | Dr. Bhavishya Shetty 14 Rank |
|---------------------------------------|--------------------------------|---------------------------------|---------------------------------------|-----------------------------|-------------------------------------|

AIIMS TOPPERS MAY 2019

| | | | | | |
|------------------------------|--------------------------------------|----------------------------------|-------------------------------------|-----------------------------------|--------------------------------|
| Dr. Bhavesh M. 1 Rank | Dr. Ranjan Kumar Sahoo 2 Rank | Dr. Ashok Dixitwal 3 Rank | Dr. Raghunandan Dixit 4 Rank | Dr. Hemant Amardeep 5 Rank | Dr. Prierna Garg 6 Rank |
|------------------------------|--------------------------------------|----------------------------------|-------------------------------------|-----------------------------------|--------------------------------|

PGI TOPPERS MAY 2019

| | | | | | |
|------------------------------|-------------------------------|-----------------------------------|-------------------------------|---------------------------------|--------------------------------|
| Dr. Bhavesh M. 1 Rank | Dr. Shivam Goal 2 Rank | Dr. Hemant Amardeep 3 Rank | Dr. Deepak Garg 4 Rank | Dr. Jitendra Khan 6 Rank | Dr. Prierna Garg 7 Rank |
|------------------------------|-------------------------------|-----------------------------------|-------------------------------|---------------------------------|--------------------------------|

JIPMER TOPPERS MAY 2019

| | | | | | |
|---------------------------------|---|----------------------------------|---|------------------------------|-------------------------------|
| Dr. Praveen Kumar 1 Rank | Dr. Darshan Patel (CBT Student) 2 Rank | Dr. Nikhil Vojjala 3 Rank | Dr. Mohamed Ilyas R 4 Rank (Inst.) | Dr. Bhavesh M. 5 Rank | Dr. Shivam Goal 6 Rank |
|---------------------------------|---|----------------------------------|---|------------------------------|-------------------------------|

DNB TOPPERS MID YEAR 2018

| | | | | | |
|-------------------------------|---------------------------------------|----------------------------------|-------------------------------------|--------------------------|------------------------------|
| Dr. Nivedita Kh 1 Rank | Dr. Debayan Chakraborty 2 Rank | Dr. Sumit Aggarwal 3 Rank | Dr. Siladitya Mahanty 6 Rank | Dr. Athira 7 Rank | Dr. Deep Mehta 8 Rank |
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| Corporate Delegates | ₹ 15000 + GST = 17700 | ₹ 18000 + GST = 21240 | ₹ 18000 + GST = 21240 | ₹ 20000 + GST = 23600 | ₹ 22000 + GST = 25960 |
| Foreign Delegates | \$ 300 + GST = 354 | \$ 400 + GST = 472 | \$ 400 + GST = 472 | \$ 500 + GST = 590 | \$ 600 + GST = 708 |

For Registration please visit www.ccaccd.com

INFORMATION

DIRECTORATE GENERAL OF HEALTH SERVICES, GNCTD
F-17, KARKARDOOMA, SHAHDARA, DELHI-110032

Notice for empanelment of Doctors for Aam Aadmi Mohalla Clinic

Directorate General of Health Services, GNCT of Delhi, is under the process of empanelling doctors for Aam Aadmi Mohalla Clinics on every Wednesday from 02:30 PM to 05:00 PM at all CDMO Offices. The empanelled doctors would be remunerated Rs 40 per patient for rendering their services.

Minimum Qualification is MBBS and Valid registration with DMC is mandatory.

For more information log on to: health.delhigovt.nic.in

For any query please contact Dr Shalley Kamra, Project Incharge, AAMC Project ph no 8745011500, 9811914670



Applications are invited for renting premises for Aam Aadmi Mohalla Clinics



Arvind Kejriwal
Chief Minister, Delhi

- 2 rooms with 2 attached toilets constructed in minimum 50-60 Sq. meter area in ground floor.
- Rent will be decided in accordance to the rules and regulations mentioned on the website of the department. In any case rent shall not exceed Rs. 20,000 per month.

Send your application in the prescribed format available at the website of Health Department in sealed envelope

Address: State Nodal Officer, Aam Aadmi Mohalla Clinic Cell, Third Floor, Pt. Deep Chand Sharma Sehkar Bhawan, Delhi 110077

Last Date: 6 August 2019

For More information log on to- <http://health.delhigovt.nic.in>, <http://aahm.delhi.gov.in> or call at- 955453572, 8745011500

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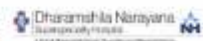
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AN INITIATIVE OF Sir Ganga Ram Trust Society

Services

- ▼ Nursing : 24x7 nursing and bedside assistance program. 12 hours support is also available
- ▼ Vital Signs Monitoring
- ▼ Sample Collection
- ▼ Physiotherapy -General Specialized & Chest
- ▼ Nutrition & Diet Counselling
- ▼ Suture Removal
- ▼ Wound / Surgical Dressing
- ▼ Sleep Study & Sleep Disorder Management
- ▼ Medical Equipment Arrangement
- ▼ Back & Bed Sore Care
- ▼ Catheterization & Catheter Care
- ▼ Intravenous Medication
- ▼ Ryle's Tube Insertion
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- ▼ Pain Management
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- ▼ ECG
- ▼ Palliative Care Counselling
- ▼ Patient Transport Facility
- ▼ Others...

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Dr. V. Dhadse, Dr. H. Jauhari, Dt. Sharan accepting the prestigious award

Objectives on Inception

- ▶ Go Home Confidently
- ▶ Stay At Home
- ▶ You are Home Bound

Presence in the Ministry of Health and Family Welfare

A booklet - "Proceedings of Symposium on Comprehensive Convalescent Nutrition, 2018" is now used as a reference in the ministry.



First ever symposium on "Comprehensive Convalescent Nutrition and Diet" was held. A panel discussion was held by various departments such as :

- ▼ Neuro Sciences
- ▼ Pediatric Sciences
- ▼ Nephro Sciences
- ▼ Gynaecology and Obstetrics Sciences
- ▼ Cardiac Sciences
- ▼ Orthopaedics and Sport Medicine
- ▼ Medicine
- ▼ Dietetics
- ▼ Physiotherapy
- ▼ Psychology



Lamp Lighting Ceremony



Reach Out Team



Geriatric Counsellors Visit



Adolescent Counsellors Visit

Distance Travelled & Road Ahead

GYNAE-REACH OUT in collaboration with the department of Obstetrics & Gynaecology, Sir Ganga Ram Hospital. ▼ Cervical cancer screening-samples to be collected by experienced senior nurses in the comfort of your home. ▼ Expert opinion by the department of Cytopathology and Gynaecology Consultant. ▼ Mother & Child Care - prenatal and postnatal

NEPHRO - REACH OUT in collaboration with the department of Nephrology ▼ Home Peritoneal Dialysis (CAPD & CCPD). ▼ Home Haemodialysis. ▼ Remote monitoring of Haemodialysis patients by Tele Services through in-built software in machines (TDMS). ▼ Continuous Ambulatory Blood Pressure Monitoring (CABP). ▼ Procedures at home - Foley's catheterization and care of catheter, wound dressing, blood sample collection of renal transplant patients. ▼ Holter monitoring for arrhythmia in dialysis patients. ▼ Personal Dietary counselling.

GERIATRIC WING ▼ Initiated by Reach Out in collaboration with Jesus and Mary College, New Delhi. ▼ Visit to an eye camp organized by Sir Ganga Ram Hospital at Sanatan Dharam Sabha, Kirti Nagar & Sewa Prakalp Mahila Mandal. ▼ Visits to old age home : Nirmal Chhaya, Chhatarpur.

ADOLESCENT WING ▼ Lectures delivered on adolescent issues at Jesus & Mary College, G. D. Salwan School, D.A.V. Public School and many more to come. ▼ Counsellors are being trained to take this initiative ahead.

SKILL DEVELOPMENT ▼ Comprehensive Convalescent Course for students. ▼ Preparing Adolescents and Geriatric Counsellors. ▼ BLS training for our staff. ▼ Training Nurses and GDA's in CAPD, Stoma Care, catheterization and catheter care, intensive unit care, mother and child care, Pap smear collection.

CAMPAIGNS ▼ Conference on Minimal Access and Bariatric Surgery in March - 2018. ▼ Scope Minar in April-2018 (Laxmi Nagar) ▼ 10 SGRH Annual CME in November - 2018 (India Habitat Centre) ▼ Indian Oil Corporation Limited in November -2018 (Panipat) ▼ Hunar Haat in December -2018 (Connaught Place) ▼ Healthcare Camp at Old Rajinder Nagar. Through DMA Bulletins

MARKET PRESENCE ▼ Social Media Platforms ▼ Camps ▼ Corporate office tie-ups. ▼ CME'S ▼ Print Media ▼ Home-Visits ▼ Institutional Visits ▼ Visits to government organizations ▼ Through DMA Bulletins

Message from the Chairman - Reach Out



Dr Harsha Jauhari
Chairman - Reach Out

In the last 2 Years since its inception, 'Reach Out', an initiative of Sir Ganga Ram Trust Society, has created an Identity & Presence for itself, for providing a continuum of care from Hospital to patient's doorstep. It is being looked at, by other such Services and Institutions. All services and activities under 'Reach Out' are being perceived by Colleagues & Public at large as being Honest, Competent, Transparent, Ethical, Non-commercial.

In short, in keeping with the Sir Ganga Ram Trust Society and Hospital Ethos.

Road Ahead 2019-20

- ▼ Thrust toward geriatric care.
- ▼ Emphasis on Adolescent care.
- ▼ Software / Application development to integrate operations and financial Services for seamless working.
- ▼ Second phase of symposium on convalescent nutrition.
- ▼ Integration with SGRH departments.

Education and Research

Masters Degree awarded to our Dietitian
Thesis subject : A Study On Domiciliary Convalescent Nutritional Care of Discharged Patients Irrespective of The Age.

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KIND ATTENTION

Ministry of Health and Family Welfare plans to notify the rules to prescribe for "minimum standards for different categories of clinical establishments of Allopathy and AYUSH" under the relevant provisions of the Clinical Establishments (Registration and Regulation) Act, 2010.

You are requested to go through the draft and send your comments / suggestions to DMA by email:delhimedicalassociation@gmail.com and to Dr. Anil Kumar Additional DDG by email:help.ceact2010@nic.in within 45 Days from the date of issue of this notice.

Please download the complete notification from our website www.delhimedicalassociation.com

DRAFT

[To be published in the Gazette of India Extraordinary Part II, Section 3' Subsection (i)]

Government of India

Ministry of Health and Family Welfare

(Department of Health and Family Welfare)

New Delhi, the 17th July, 2019.

NOTIFICATION

G.S.R. (E). -The following draft of certain rules further to amend the Clinical Establishments (Central Government) Rules, 2012, which the Central Government proposes to make in exercise of the powers conferred by section 52 of The Clinical Establishments (Registration and Regulation) Act, 2010 (23 of 2010) is hereby published for information of all persons likely to be affected thereby and notice is hereby given that the said draft rules will be taken into consideration on or after the expiry of a period of forty five days from the date on which copies of the Gazette of India containing these draft rules are made available to the public;

Objections and suggestions, if any, may be addressed to Dr. Anil Kumar, Addl.DDG, Dte. GHS, Ministry of Health and family Welfare, Room No. 560-A, Nirman Bhawan, New Delhi- 110011 or sent on email to help.ceact2010@nic.in;

Objections and suggestions which may be received from any person within the period specified above will be considered by the Central Government.

1. (1) These rules may be called the Clinical

Establishments (Central Government) Third Amendment Rules, 2019.

2. They shall come into force on the date of their publication in the Official Gazette.

2. In the said rules, after rule 8, the following rules shall be inserted, namely:

8B. Minimum standards of Hindi and English versions of approved minimum Standards for following categories of Allopathic Clinical Establishments.

Minimum Standards (General) of Clinical establishments as listed under:

1. Clinic or Polyclinic: Only Consultation, With Dispensary, With Diagnostic Support and With Observation facility

2. Mobile Clinic: Only Consultation, With Procedures and Dental Mobile

3. Hospitals: Level 1 to 3

4. Health Check-up Centre

5. Dental Lab

6. Physiotherapy

7. Dietetics

8. Integrated Counselling Centre

Minimum Standards of Specific speciality/super speciality clinical departments/ establishments

1. Anaesthesiology

2. a. Paediatrics (Hospital) b. Paediatrics (Clinic)

3. Burn Care Facility (Hospital)

4. a. Plastic Surgery (Hospital) b. Plastic Surgery (Clinic)

5. a. Cardiology (Hospital) b. Cardiology Services (Clinic)

6. Dental Set up a. Stand Alone b. Hospital Set Up

7. a. Dermatology (Hospital) b. Dermatology (Clinic) c. STD Clinic

8. a. Gastroenterology (Hospital) b. Gastroenterology (Clinic)

9. a. General Surgery (Hospital) b. General Surgery (Clinic)

10. a. Neurology (Hospital) b. Neurology (Clinic)

11. a. Neurosurgery (Hospital) b. Neurosurgery (Clinic)

12. a. Gynae and Obstetrics Indoor Services (Hospital) b.

- Gynae and Obstetrics (Clinic) c. IVF Centre /Clinic (ICMR Norm)
13. a. Orthopaedic (Hospital) b. Orthopaedic Services (Clinic)
 14. a. Otorhinolaryngology (Hospital) b, Otorhinolaryngology (Clinic) c. Deaf and Dumb Clinic
 15. a. Psychiatry Services (Hospital) b. Psychiatry Services (Clinic) c. Deaddiction Centre
 16. a. Ophthalmology (Hospital) b. Ophthalmology (Clinic) c. Optometrist Services
 17. a. Urology (Hospital) b. Urology Services (Clinic)
 18. Dialysis Centre - merged with Nephrology
 19. a. CTVS (Hospital) b. CTVS (Clinic)
 20. Radiotherapy
 21. Medical Diagnostic Laboratories
 22. a. Imaging Centers - X-Ray Clinic / Cathlab / DSA / OPG and Dental / DEXA Scan
b. Imaging Centers - Sonography (Color Doppler) Clinic
c. Imaging Centers - CT Scan Center / PET CT Scan
d. Imaging Centers - MRI
 23. a. Rheumatology b. Rheumatology Clinic /Polyclinic
 24. a. Pulmonology b. Pulmonology Clinic
 25. a. Medical Oncology /Clinical Haematology b. Medical Oncology /Clinical Haematology Clinic /Polyclinic
 26. a. Gynae Oncology b. Gynae Oncology Clinic/ Polyclinic
 27. a. Surgical Oncology b. Surgical Oncology Clinic /Polyclinic
 28. a. Neonatology Clinic b. Neonatology
 29. a. Paediatric Surgery b. Paediatric Surgery Clinic Polyclinic
 30. Palliative Care
 31. GI Surgery a. Hospital b. Clinic
 32. Endocrinology a. Hospital b. Clinic
 33. PMR Clinic
 34. Nephrology a. Hospital b. Clinic
 35. Medicine and geriatrics a. Hospital b. Clinic
 5. Minimum Standards of AYUSH (all 7 systems, namely Ayurveda, Unani, Siddha, Homoeopathy, Yoga, Naturopathy and Sowa Rigpa) Clinical Establishments
(all 7 systems, namely Ayurveda, Unani, Siddha, Homoeopathy, Yoga, Naturopathy and Sowa Rigpa) Clinical Establishments

[F. No. A. 12034/18/2019-MH-II/MS]

Dr. Mandeep K. Bhandari, Joint Secretary

Dr. Girish Tyagi
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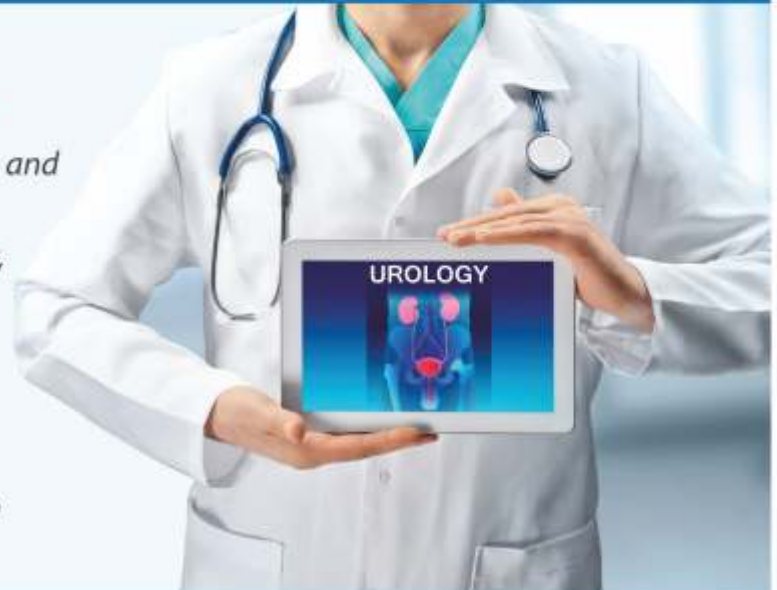


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